

## my-inhaler.com

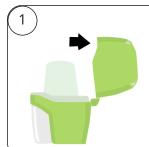
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Source of information: leaflet (note: the instructions might differ according to the brand of the acquired inhaler)

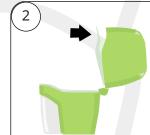
## How to use the capsules with the inhaler

The inhaler should only be used with the bottle of capsules provided. reuse the inhaler for another bottle of capsules. Discard the device after 30 uses (15 uses if used in conjunction with the 15 capsule presentation). Do not store the capsule in the inhaler. Remove a capsule from the bottle immediately before use and close the bottle tightly, avoinding exposure to humidity.

## Using the inhaler



Pull the cap upwards.



Hold the base of the inhaler firmly and open the mouthpiece by pulling it upwards, in the direction of the arrow to open it.

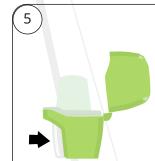




Remove a capsule from the bottle. Place one capsule in the capsule-shaped compartment in the base of the inhaler. Never place a capsule directly into the mouthpiece.



Close the mouthpiece until a click is heard, leaving the cap open.



Hold the inhaler with the mouthpiece upwards, and press the piercing button completely in only once. This will pierce the capsule and allows the medication to be released.



Release the button.



Breathe out fully. It is important to do this away from the mouthpiece. Avoid breathing into the mouthpiece at any time.



Place the mouthpiece in your mouth and keep your head in an upright posistion. Close your lips around the mouthpiece.



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Breathe in slowly and deeply enough to hear or feel the capsule vibrating inside the compartment.



Hold your breathe for as long as you comfortably can whilst taking the inhaler out of your mouth.



Then breathe normally.

you didn't ear any vibrating sound from the capsule oscillating in the chamber, you should review the steps in the leafflet that comes with the device and/or seek for help with a health professional.





Open the inhaler to see if any powder is still in the capsule. If any powder remains in the capsule, you should review the steps in the leafflet that comes with the device and/or seek for help with a health professional.





After use, open the mouthpiece again, and tip out the empty capsule.

15



Close the mouthpiece and cap, and store the inhaler.