



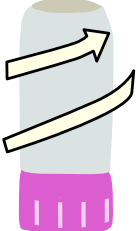
Source of information: leaflet (note: the instructions might differ according to the brand of the acquired inhaler)

Preparing your inhaler

IT IS IMPORTANT TO NOTE that the indented arrow (located on the white portion of the inhaler, directly above the colored base) is pointing to the dose counter.


Using your inhaler

1




Hold the inhaler straight up (upright position) with the colored portion (the base) on the bottom. It is important that you remove the cap of the inhaler while it is in this upright position to make sure that you get the right amount of medicine with each dose. Holding the colored base, twist the cap in a counterclockwise direction to remove it. As you lift off the cap, the dose counter on the base will count down by one. Removing the cap loads the inhaler with the medicine that you are now ready to inhale.

2




Breathe out fully.

3




Bring the inhaler up to your mouth with the mouthpiece facing toward you. Place the mouthpiece in your mouth, holding it in a horizontal (on its side) position. Firmly close your lips around the mouthpiece.

4




Take in a fast and deep breath. Do not cover the ventilation holes while inhaling the dose.

5




Remove the inhaler from your mouth and hold your breath for about 10 seconds, or as long as you comfortably can.

6



Breathe out gently. **IMPORTANT: DO NOT BREATHE OUT (EXHALE) INTO THE INHALER.**

7



After you take your medicine, it is important that you wipe the mouthpiece dry, if needed, and then **REPLACE THE CAP**, firmly closing the inhaler right away