



Source of information: leaflet (note: the instructions might differ according to the brand of the acquired inhaler)

## Before using the inhaler

The transparent side chamber door should be opened. The foil strip should be removed from the side chamber by carefully tearing away the full length of strip against the "teeth" of the side chamber. The strip should not be pulled or tugged. The side chamber door should be closed and the used strip should be disposed of. Note: As the inhaler is used the side chamber will gradually fill up with used strip. The foil strips with black bars don't contain medication. Eventually the numbered sections of the strip will appear in the side chamber. There should never be more than 2 sections of foil strip in the side chamber as they may cause the inhaler to jam. The strip should be torn away carefully, and disposed of safely. Also remember: The white lever should only be operated when the patient is ready to inhale a dose of the medication. If the patient plays with the white lever he/she will waste doses.

## Using your inhaler

1



The protective cap should be opened downwards to reveal the mouthpiece. The dose counter should be checked to see how many doses are left.

2



The edge of the white lever should be lifted up. The side chamber should be closed. The white lever should be moved over fully as far as it will go until it clicks. This action moves a new dose into position with the number at the top.

3



Afterwards the white lever should be closed fully so that it clicks back into its original position. The inhaler is now ready for immediate use.

4



Away from the inhaler mouthpiece, the patient should breathe out as much as is comfortable. It should never be breathed directly into the inhaler as this could affect the dose.

5



The inhaler should be held level with the protective cap pointing downwards. The lips should be closed firmly around the mouthpiece.

6



The patient should breathe in steadily and deeply through the inhaler, not through the nose.

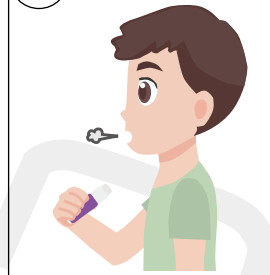


7



The inhaler should be removed from the mouth and the breath should be held for 5-10 seconds or as long as is possible without causing discomfort.

8



Afterwards, the patient should breathe out slowly, but not into the inhaler.

9



The protective cap should be closed over the mouthpiece.

