



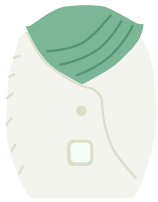
Source of information: leaflet (note: the instructions might differ according to the brand of the acquired inhaler)

Testing your inhaler

The inhaler is packaged in a tray. Don't open the tray until you are ready to take a dose of your medicine. When you are ready to use your inhaler, peel back the lid to open the tray. The tray contains a desiccant sachet, to reduce moisture. Throw this desiccant sachet away. Don't open, eat or inhale it.

Using your inhaler

1



When you take the inhaler out of its tray, it will be in the 'closed' position. Don't open the inhaler until you are ready to inhale a dose of medicine. Don't shake it.

2



Slide the cover down until you hear a "click". Your medicine is now ready to be inhaled. The dose counter counts down by 1 to confirm.

3



While holding the inhaler away from your mouth, breathe out as far as is comfortable. Don't breathe out into the inhaler.

4



Put the mouthpiece between your lips, and close your lips firmly around it. Don't block the air vent with your fingers.

5



Take one long, steady, deep breath in.

6



Hold this breath for as long as possible (at least 3-4 seconds). Remove the inhaler from your mouth.

7



Breathe out slowly and gently.

8



Slide the cover upwards as far as it will go, to cover the mouthpiece.