

my-inhaler.com

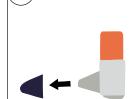
easyhaler

Source of information: leaflet (note: the instructions might differ according to the brand of the acquired inhaler)

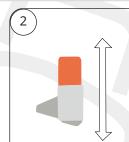
Unpack your inhaler

The inhaler comes with a laminate pouch to keep the powder dry. Do not open the pouch until you are ready to start using your inhaler.

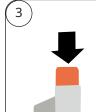
Using your inhaler



Open the protective cover, if you are using it. Remove the dust cap.



Shake it vigorously up and down three to five times. Don't press the top while you shake it.



Press the top of the inhaler once between your finger and thumb until you hear a click, and then release it.



Breathe out as far as is comfortable. Do not breathe in again yet.



Place the mouthpiece in your mouth between your teeth. Close your lips around it. Do not bite.



Take a strong and deep breath through your mouth. Remove the Easyhaler from your mouth.



Hold your breath for at least 5 seconds.



Breathe out gently.





Put the dust cap back on the mouthpiece. Close the protective cover, if you are using it.