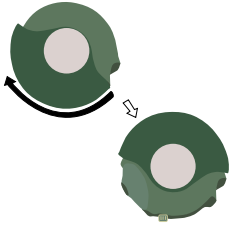




Source of information: leaflet (note: the instructions might differ according to the brand of the acquired inhaler)

## Using your inhaler

1



To open your device, hold the outer case in one hand and put the thumb of your other hand on the thumbgrip. Push your thumb away from you as far as it will go. You will hear a click. This will open a small hole in the mouthpiece

2



Hold your device with the mouthpiece towards you. You can hold it in either your right or left hand. Slide the lever away from you as far as it will go. You will hear a click. This places a dose of your medicine in the mouthpiece. Every time the lever is pulled back a blister is opened inside and the powder made ready for you to inhale. Do not play with the lever as this opens the blisters and wastes medicine.

3



Hold the device away from your mouth, breathe out as far as is comfortable. Do not breathe into your device.

4



Put the mouthpiece to your lips.

5



Breathe in steadily and deeply through the device, not through your nose.

6



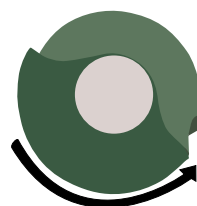
Remove the device from your mouth. Hold your breath for about 10 seconds or for as long as is comfortable.

7



Breathe out slowly.

8



To close the device, slide the thumbgrip back towards you, as far as it will go. You will hear a click. The lever will return to its original position and is reset.