



Source of information: leaflet (note: the instructions might differ according to the brand of the acquired inhaler)

Testing your inhaler

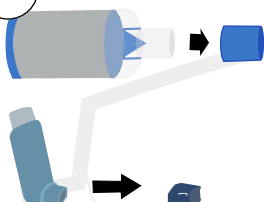
Inhaler: When using the inhaler for the first time, test that it is working. Remove the mouthpiece cover by gently squeezing the sides with your thumb and forefinger and pull apart. To make sure that it works, shake it well, point the mouthpiece away from you and press the canister to release a puff into the air. If you have not used the inhaler for a week or more, release two puffs of medicine into the air.

Spacer special cares

When treating babies, children and anyone who requires assistance, the following must be observed without fail: The product contains small parts. Small parts can block the respiratory choking hazard. Therefore, make sure that you always keep this product out of the reach of babies and infants. It can be disinfected up to 60 times. If you use the device every day, replace all components of your holding chamber after a year, because the material can impair the effectiveness of the treatment. Make sure there are no foreign bodies in the chamber before every use. Before each use, inspect the chamber for damage. Replace any broken, misshapen or seriously discoloured parts.

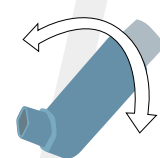
Using your inhaler

1



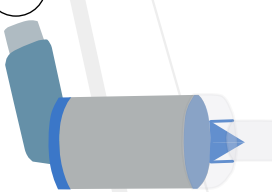
Remove caps from the inhaler and chamber. Check that the valve of the chamber is seated correctly.

2




Shake the inhaler 4 or 5 times to ensure that any loose objects are removed and that the contents of the inhaler are evenly mixed.

3




Insert the inhaler into the backpiece of the chamber.

4




Hold the mouthpiece of the chamber between your teeth and enclose it with your lips.

5



Press the inhaler at the beginning of a slow inhalation.

6



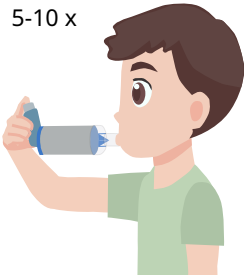
Breathe in slowly and deeply through the mouth.



7

Normal respirations / tidal volume technique

5-10 x



Keep lips tight on the mouthpiece breathing normally 5-6 times through the chamber after the inhaler is pressed. If the flow alert whistle sounds, breathe in more slowly. It means that you are inhaling too quickly.

7a

Holding breath / apnea technique

1



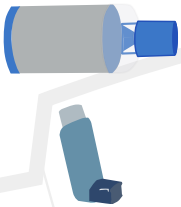
Hold your breath for 8 seconds.

2



Breathe out slowly.

8



After use always replace the covers straight away to keep out dust. Replace the covers by firmly pushing and clicking into position.