

my-inhaler.com

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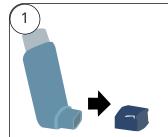
Source of information: leaflet (note: the instructions might differ according to the brand of the acquired inhaler)

Testing your inhaler

Inhaler: When using the inhaler for the first time, test that it is working. Remove the mouthpiece cover by gently squeezing the sides with your thumb and forefinger and pull apart. To make sure that it works, shake it well, point the mouthpiece away from you and press the canister to release a puff into the air. If you have not used the inhaler for a week or more, release two puffs of medicine into the air.

Spacer: Carefully examine the product for damage, missing parts or foreign objects. Remove any foreign objects prior to use. The product should be replaced IMMEDIATELY if there are any damaged or missing parts. If necessary, use the Metered Dose Inhaler alone until a replacement is obtained. If symptoms worsen, please seek immediate medical.

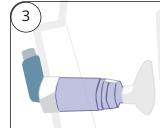
Using your inhaler



Remove cap from the inhaler.



Shake the inhaler 4 or 5 times to ensure that any loose objects are removed and that the contents of the inhaler are evenly mixed.



Insert the inhaler into the backpiece of the chamber.



Put mouthpiece into mouth and close lips around it to ensure an effective seal. The Flow-Vu® Inspiratory Flow Indicator only moves if the patient has a good seal.



Press the inhaler at the beginning of a slow inhalation. Use the Flow-Vu® IFI to assist in the coordination of this step.



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Breathe in slowly and deeply. Keep lips tight on the mouthpiece breathing normally 5-6 times through the chamber after the inhaler is pressed. Slow down inhalation if you hear the whistle sound. It means that you are inhaling too quickly. Administer 1 puff at a time.





After use always replace the covers straight away to keep out dust. Replace the covers by firmly pushing and clicking into position.

