

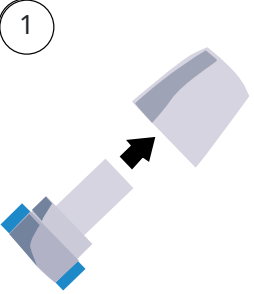



Source of information: leaflet (note: the instructions might differ according to the brand of the acquired inhaler)


How to use the capsules with the inhaler


Only use the inhaler contained in this pack. Do not use the capsules with any other inhaler, and do not use this inhaler to take any other capsule medicine. Do not push the capsule through the foil to remove it from the blister. Capsules should always be stored in the blister and only removed immediately before use. With dry hands, remove capsule from the blister. Do not swallow the capsule. When you start a new pack, only use the new inhaler that is supplied in the pack. Each inhaler should be disposed of after 30 days of use. Ask your pharmacist how to dispose of medicines and inhalers no longer required. Do not swallow the capsules.

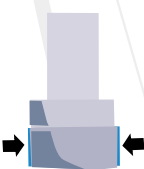
Using the inhaler

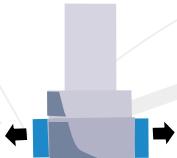
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1 Pull off the cap.
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2 Hold the base of the inhaler firmly and tilt the mouthpiece. This opens the inhaler.
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3 Separate one of the blisters, peeling away the protective backing to expose the capsule. Place it into the capsule chamber. Never place a capsule directly into the mouthpiece.
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4 Close the inhaler until you hear a "click".
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5 Hold the inhaler upright with the mouthpiece pointing up. Pierce the capsule by firmly pressing together both side buttons at the same time. Do this only once.
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6 Release the side buttons fully.
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7 Before placing the mouthpiece in your mouth, breathe out fully. Do not blow into the mouthpiece.
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8 Hold the inhaler horizontally. Place the mouthpiece in your mouth and close your lips firmly around it.



9



Breathe in rapidly but steadily, as deeply as you can. Do not press the side buttons. Note: as you breathe in through the inhaler, the capsule spins around in the chamber and you should hear a whirring noise.

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Hold your breath for at least 5-10 seconds or as long as you comfortably can while taking the inhaler out of your mouth.

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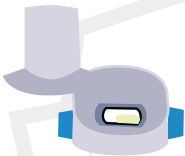


Then breathe out.

12

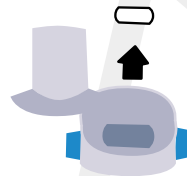
If you do not hear a whirring noise: the capsule may be stuck in the capsule chamber. If this happens: open the inhaler and carefully loosen the capsule by tapping the base of the inhaler. Do not press the side buttons. Repeat the steps: exhale, place the mouthpiece in the mouth and inhale.

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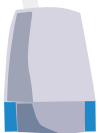
Open the inhaler to see if any powder is still in the capsule. If any powder remains in the capsule, you should review the steps in the leaflet that comes with the device and/or seek for help with a health professional.

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After use, open the inhaler, remove and discard the empty capsule in your household waste. Do not leave a used capsule in the chamber.

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Close the inhaler and replace the cap.