Utilization instructions

source: patient leaflet

The Zonda inhaler should only be used with the bottle of capsules provided. Do not reuse the inhaler for another bottle of capsules. Discard the Zonda device after 30 uses (15 uses if used in conjunction with the 15 capsule presentation).

1. Dust cap
2. Mouthpiece
3. Base
4. Piercing button
5. Centre chamber

1. Pull the cap upwards.

2. Hold the base of the inhaler firmly and open the mouthpiece by pulling it upwards, in the direction of the arrow to open it.
3. Remove a Braltus capsule from the bottle immediately before use and close the bottle tightly. Place one capsule in the capsule-shaped compartment in the base of the inhaler. Do not store the capsule in the Zonda inhaler.

4. Never place a capsule directly into the mouthpiece.

5. Close the mouthpiece until a click is heard, leaving the cap open.

6. Hold the inhaler with the mouthpiece upwards, and press the piercing button completely in only once. Release the button. This will pierce the capsule and allows the medication to be released when the patient breathes in.
7. Breathe out fully. It is important to do this away from the mouthpiece. Avoid breathing into the mouthpiece at any time.

8. Place the mouthpiece in your mouth and keep your head in an upright position. Close your lips around the mouthpiece and breathe in slowly and deeply enough to hear or feel the capsule vibrating inside the compartment. Hold your breath for as long as you comfortably can whilst taking the inhaler out of your mouth. Then breathe normally. Repeat steps 7 and 8 to empty the capsule completely.

9. After use, open the mouthpiece again, and tip out the empty capsule. Close the mouthpiece and cap, and store the Zonda inhaler.

Braltus capsules contain only a small amount of powder, so that the capsule is only partially filled.

If necessary, the patient may wipe the mouthpiece of the Zonda inhaler after use with a dry cloth or tissue.